



Sunday 22 March 2020

4th Sunday in Lent

Peace comes when there is no cloud between us and God.

Charles H Brent.

Scripture Verse: Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile."
Mark 7 v 14

Collect: Lord Jesus you have called us to follow you. Give us such a vision of what it means to be the living presence of God's kingdom in Eastbourne and the Bays: that we are inspired and others drawn to you. Lead us by the power of your Holy Spirit. Amen.

First Reading: Philippians 4 : 4 - 9 Exhortations

Gospel: Mark 7 : 14 - 23 The Tradition of the Elders.

General News:

Thursday Eucharist: February 26 March 10am Method to be advised

Cancellations: **Celebration of Judith Treadwell's life:**

To be rescheduled at a later date.

Knitwits no group meetings until further notice but the good work can continue in your homes.

Lenten Studies: Method of continuing to be advised.

Korero: Postponed until further notice.

Eastbourne Retired Persons Assn: no further Meetings until notified.

St Alban's Anglican Church, Eastbourne

Vicar	Rev'd John Hughes	5626076
Vicar's Warden	Heather Molloy	021303838
People's Warden	Philip Plimmer	562 8211
Vestry	Joy Baird, Libby Bloomfield, Patsy Jorgensen, Jeremy Lovell-Smith, Denis Packer and Mike Synnott	
Pastoral Care	Jennie Lovell-Smith	562 0242
Coordinators	Jean Martel	562 7415
Priest (Hon)	Reverend Canon Peter Stuart.	

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